

Early Childhood's Vacation Board: fun and optional activities for families

ABC Book

Each day create a new page of an alphabet book. Write the corresponding letter in upper and lower case, review the letter sound, and draw something that starts with that letter. Once complete, either put them together as a book or display them on a wall.

Giant Self-Portrait

Make a self-portrait on a large piece of paper. Look in the mirror before starting to observe all the details that make you special: your eye color, hair texture, shape of your lips, etc. Then, draw and color yourself!

Supermarket Lists

Help make the supermarket list by going through your refrigerator and pantry to see what's needed. Have a parent or older sibling write it down.

* Challenge: Write the list with someone's help.

Cotton Ball Race

Tape off a short racecourse in an open area of your house, labeling the start and finish lines. Take cotton balls and blow them across the racecourse. First one to the finish line wins!

Foil Art

Spread and smooth aluminum foil onto a piece of cardboard. Tape it in place and draw and color it, using permanent markers.

Table Clean Up

After meals, take your plate and utensils to the sink. Check to see if there are any crumbs or spills on the table or floor and use a cloth, broom, or mop to help clean up.

I Spy

Play I Spy around the house. Take turns saying, "I spy" and describe an object that is visible in your house. Other players guess what the object could be.

Plant Care

Water the plants around your house. Use either a watering can or a spray bottle.

Food Preparation

Help prepare snacks you like to eat. Learn how to spread peanut butter or Nutella on toast. Take out crackers and place slices of cheese on them. Learn how to peel and cut bananas. Pour cereal or popcorn onto a plate.

Puddle Jumps

Place hand towels around your house to represent puddles. Then jump over the puddles. First jump over them with your feet apart and then try jumping over them with your feet together. You could also pretend the hand towels are lava!

Astronaut Writing and Art

Tape a piece of paper onto the bottom of a table or chair that is low enough to the ground for you to reach the paper while laying underneath. Lay down on your back and draw a picture.

Living vs. Nonliving Things

Go for a walk with a camera and take pictures of three living things and three nonliving things. When home, show these photos to a family member and explain which ones are living, which ones are nonliving and how you know that.



Fashion Show

Put on a fashion show! Designate an area of your house as the runway and set up chairs around it for the audience. Stuffed animals, dolls, and even Pokemons can be your audience members! Dress up in silly costumes, play music, and strut down the runway!



Nature Art

Collect leaves, twigs, flower petals, and pebbles from your garden or when you go out for a walk. Arrange them onto a piece of paper and take a photograph. Save these items and on a different day use them to make a new arrangement. Save the photos of your designs.



Sort Laundry

Help sort laundry by color before washing. After the clean laundry is folded, sort it by owner or type. Match socks as well!

* Challenge: Learn to fold laundry.



Name Puzzle

Write your name on small pieces of paper. Make sure each piece of paper has one letter from your name. Scramble the pieces and then put them back in order.

* Challenge: Repeat the activity with the names of family members and friends.

Picking Up and Sorting Toys



When it is time to pick up your toys, practice sorting them. Put them away while sorting them either by type, color, or size.

Counting Walk



Choose something you will count while out on a walk. It could be birds, flowers of a specific color, or cars. See how many you spot while on your walk!

Frozen Paint Cubes



Pour paint into an ice cube tray and freeze. Once frozen, take the paint cubes out and use them to paint on paper before they melt!

Make Your Bed



Learn how to make your bed. Practice stretching out the sheets and blankets over your mattress and smooth them out. Then place your pillows on top.



Alphabet Musical Chairs

Write letters of the alphabet on sticky notes and stick them on a chair. Play musical chairs with your family. When the music stops, you can sit on a chair only if you can name the letter or letter sound. You can also play this game using numbers.

* Challenge: Name something that starts with that letter.



Toy Wash

Help wash your favorite toys. Fill a bucket with water and soap and put your toys in. Get an old toothbrush or sponge and scrub them clean. Then rinse them in a sink or another bucket with only water. Leave them out in the sun to dry. Do you notice a difference in their appearance?



Go Fish!

Play Go Fish and practice making pairs. Players receive 7 cards and need to discard all their cards by making pairs. Take turns asking if another player has a card you need. If the player you asked doesn't have it, then you are told to "go fish" into the pile of extra cards. Draw one card and then it's the next player's turn.



Paper Plate Masks

Take a paper plate about the size of your face and turn it into a mask. Measure where the eye, mouth, and nostril holes should be and poke these holes into the mask. Get creative! You can make a silly mask adding details such as a mustache or a scary mask with details such as horns!